

PEER SUPPORT WORKER APPLICATION PACK

OTAGO MENTAL HEALTH
SUPPORT TRUST





This is an application pack for people who are interested in applying to be a peer support worker at the Otago Mental Health Support Trust (OMHST).

This pack gives you some more information on the position, and the type of person we are looking for.

At OMHST we work using the Intentional Peer Support model, and we are grounded in peer values. This means that we really value building mutual relationships. Because of this, we want to provide you with as much information as possible so you can make an informed choice about whether OMHST is the right place for you.

As well as the information in this pack, a number of our staff will be presenting at a forum at 12noon on May 31st, in the Alexander McMillan Room at Dunedin Community House. They'll be explaining what they do, and sharing some of their experiences. You're welcome to come, and to ask any questions you have. The event is for information only - it is not part of the selection process and you won't be assessed as a potential candidate.

At OMHST we offer a supportive team environment, where we learn from each other. If you're interested in joining us then please send your CV and a cover letter to info@omhst.org.nz by **5pm on Friday June 4th 2021**. We'll then shortlist candidates for an interview. We'll make our decision by Friday June 18th.

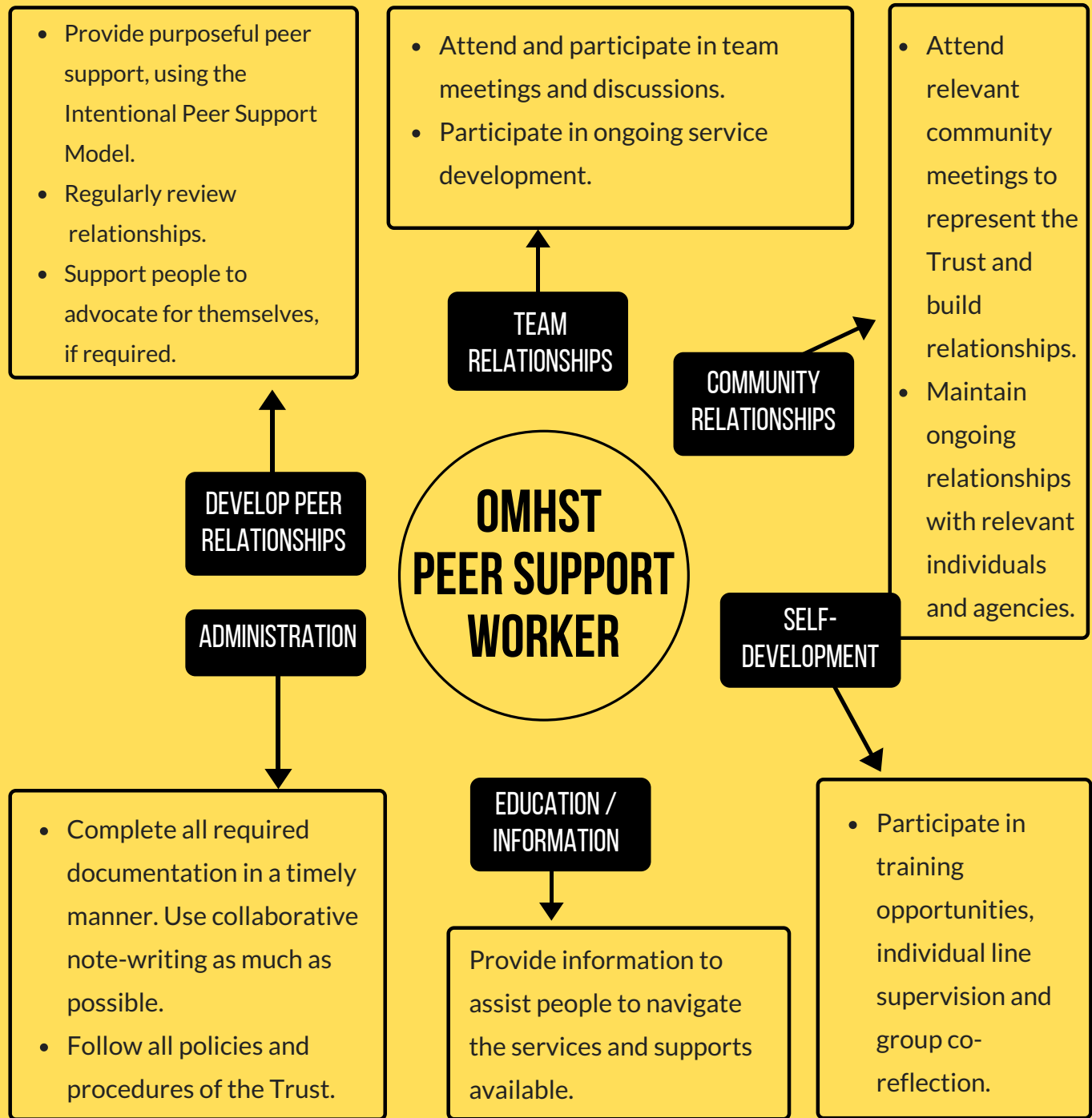
Please feel free to contact me if you'd like any further information.

Gemma Griffin, Manager. 027 562 3400. gemma@omhst.org.nz

POSITION DESCRIPTION

This position description outlines the key tasks for a Peer Support Worker at the Otago Mental Health Support Trust.

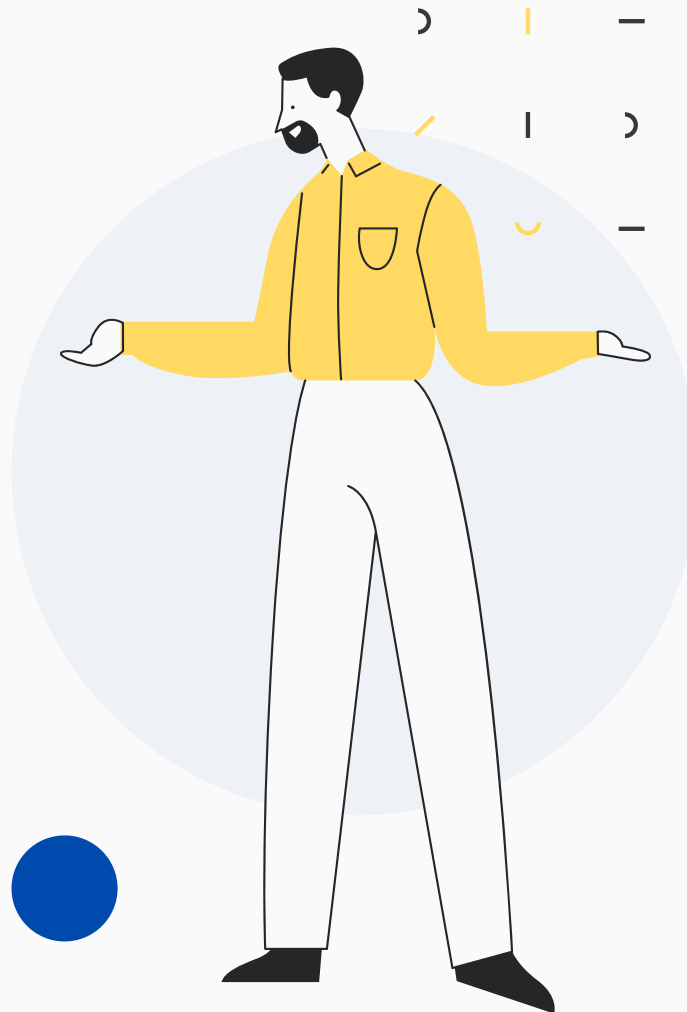
Additional tasks are undertaken, as needed. These are discussed between the Peer Support Worker and the Manager.



SPECIFIC REQUIREMENTS FOR THIS VACANCY

MEN'S SUPPORT GROUP.

The new peer support worker will be required to help facilitate a men's support group.



FIXED-TERM CONTRACT.

The contract for this position will be for 16 hours per week for 12 months.

KEY PERSONAL SKILLS & ATTRIBUTES

ESSENTIAL

DESIRABLE

KNOWLEDGE

Basic computer skills.

Intentional Peer Support (IPS) training.

Understanding of Te Tiriti o Waitangi, the Code of Health and Disability Services Consumers' Rights, and the United Nations Convention on the Rights of Persons with Disabilities.

EXPERIENCE

Personal experience of mental distress and/or addiction

Previous work experience in the mental health and/or addiction sector.

PERSONAL QUALITIES

Non-judgmental.
Values people and relationships.
Strong communication skills.
Able to work autonomously.

WELLBEING

Identifies and communicates own needs to support wellbeing.

Contact us

We welcome your questions at any stage of the recruitment process.

EMAIL

info@omhst.org.nz

WEBSITE

www.omhst.org.nz

PHONE

0800 364 462



**OTAGO MENTAL
HEALTH SUPPORT
TRUST**