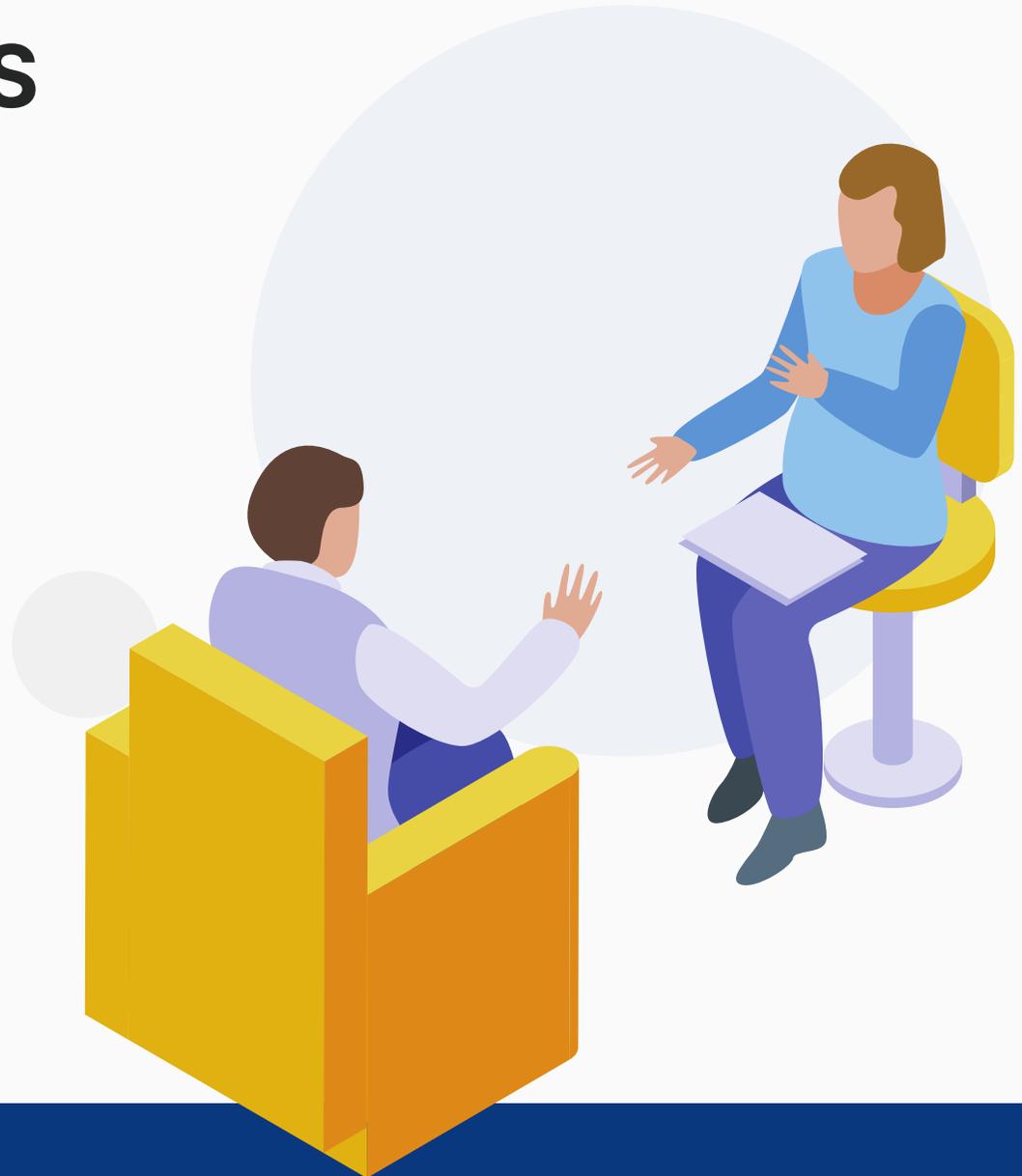


PEER SUPPORT WORKER - PROJECT HOPES

APPLICATION PACK



OTAGO MENTAL HEALTH
SUPPORT TRUST



This is an application pack for people who are interested in applying to be a **peer support worker** at the Otago Mental Health Support Trust (OMHST). We currently have a vacancy for an Invercargill-based peer support worker for 10 hours per week, for 12 months.

This position is part of "Project HOPES" - a new service to support people to access Covid vaccinations, flu vaccinations and other preventative healthcare. The aim of the project is to reduce health inequalities for people experiencing mental distress and/or addiction.

This pack gives you some more information on the position, and the type of person we are looking for.

At OMHST we offer a supportive team environment, where we learn from each other. If you're interested in joining us then please send your CV and a cover letter to info@omhst.org.nz by **5pm on Monday July 11th 2022**. We'll then shortlist candidates for an interview and will make our decision by Friday July 22nd. **The successful candidate needs to be available for training in Dunedin on August 8th and 9th 2022. All expenses to come to Dunedin will be paid.**

Please feel free to contact me if you'd like any further information, or need any support to make your application.

Gemma Griffin
Manager
027 562 3400
gemma@omhst.org.nz



WHAT DOES A PEER SUPPORT WORKER DO?

The position description for this role is included on the next page.

Essentially, a peer support worker **walks alongside** people who are experiencing mental distress and/or addiction. At OMHST we use a framework called **Intentional Peer Support** to guide our relationships with everyone who connects with our service. Intentional Peer Support focuses on:

- **Learning together**
- Focusing on **hope & possibilities**
- Building and reflecting on the **connections** between us
- **Mutuality and reciprocity** ("two-way" equal relationships)
- Focusing on what we are **moving towards**, rather than focusing on moving away from current difficulties or challenges.

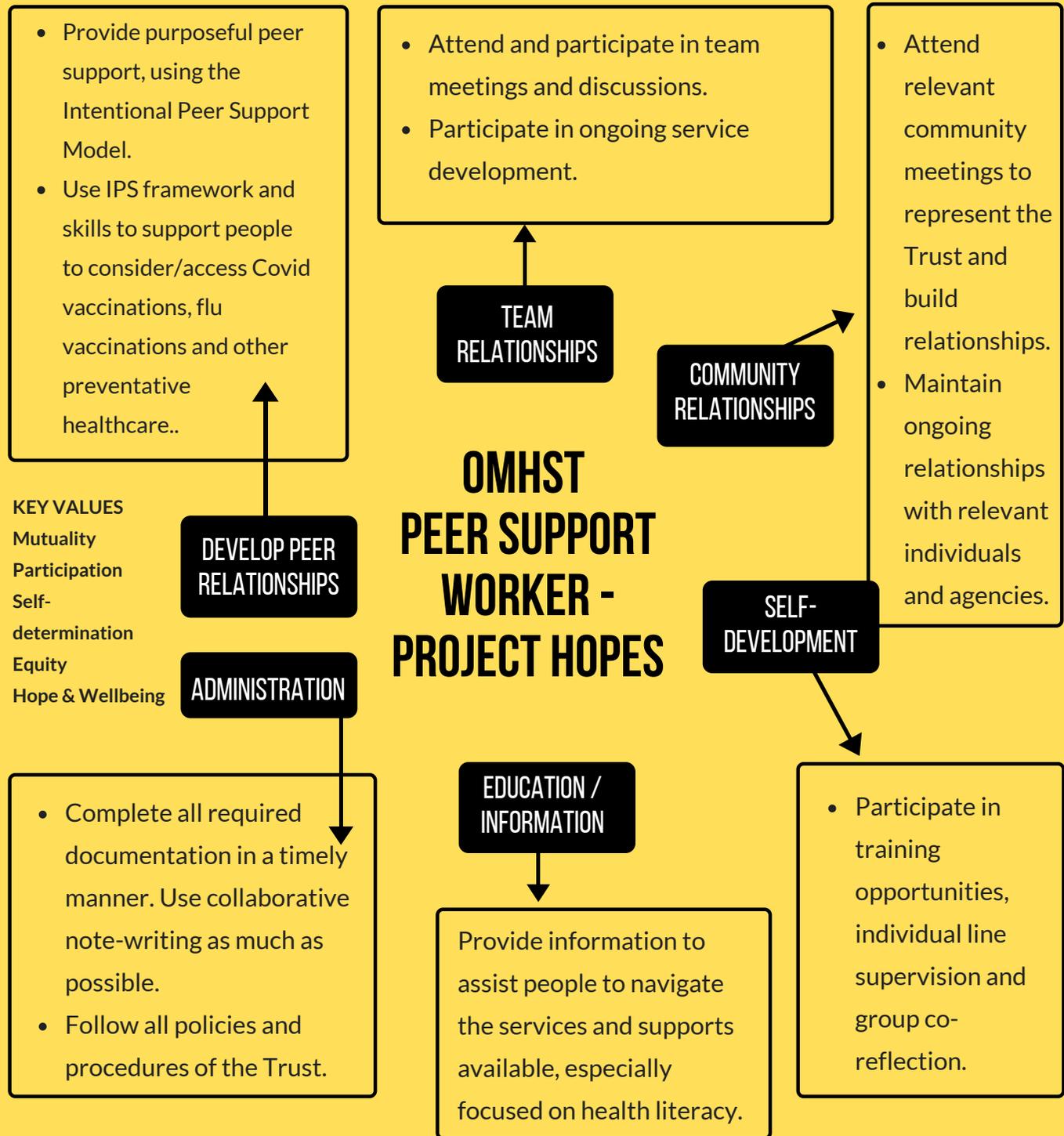
Peer support workers have their **own experience of mental distress and/or addiction. We share these experiences**, when we believe it will help a relationship or strengthen a connection.

POSITION DESCRIPTION

This position description outlines the key tasks and guiding values of the *Peer Support Worker - Project Hopes* at the Otago Mental Health Support Trust.

Additional tasks are undertaken, as needed. These are discussed with the Manager. This role reports to the Manager.

All OMHST staff are expected to meet all of the essential competencies in Te Pou's Competencies for the Consumer, Peer Support and Lived Experience (CPSLE) Workforce. These competencies should guide practice and self-development.



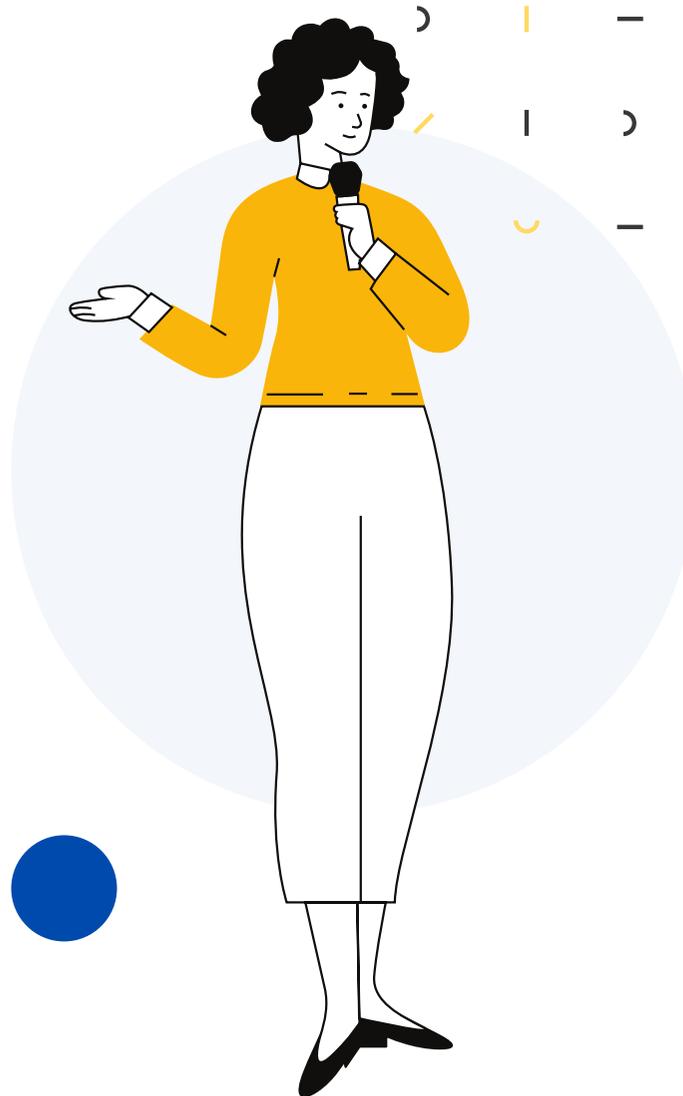
SPECIFIC REQUIREMENTS FOR THIS VACANCY

PRE-EMPLOYMENT CHECKS

The preferred applicant will need to pass a criminal record check, and show evidence of having Covid19 vaccinations, before being appointed.

LOCATION

This position is based in Invercargill.



PART-TIME CONTRACT

The contract for this position will be for 10 hours per week.

FIXED-TERM CONTRACT

The contract for this position will be for 12 months.

KEY PERSONAL SKILLS & ATTRIBUTES

	ESSENTIAL	DESIRABLE
KNOWLEDGE	Basic computer skills.	Intentional Peer Support (IPS) training. Understanding of Te Tiriti o Waitangi, the Code of Health and Disability Services Consumers' Rights, and the United Nations Convention on the Rights of Persons with Disabilities.
EXPERIENCE	Personal experience of mental distress and/or addiction	Previous work experience in the mental health and/or addiction sector.
PERSONAL QUALITIES	Non-judgmental. Values people and relationships. Strong communication skills. Able to work autonomously.	
WELLBEING	Identifies and communicates own needs to support wellbeing.	

Contact us

We welcome your questions at any stage of the recruitment process.

EMAIL

info@omhst.org.nz

WEBSITE

www.omhst.org.nz

PHONE

0800 364 462



**OTAGO MENTAL
HEALTH SUPPORT
TRUST**